

VCCL Results - parkrun 2019

Race 6
Saturday, 8 June, 2019
5km
parkrun

| Place | Name | # | Time | Spot | H'cap | C/Adj | N/Time | Margin | km | Rate |
|-------|-------------------|-----|-------|------|-------|-------|--------|--------|------|------|
| 1 | Glenn Sullivan | 280 | 18:43 | 22 | 3:20 | 0:45 | 14:38 | 0:00 | 3:45 | |
| 2 | Luke Critchley | 321 | 21:57 | 39 | 5:55 | 1:21 | 14:41 | 0:02 | 4:23 | |
| 3 | Brigitte Humphrey | 275 | 18:19 | 23 | 3:30 | 0:00 | 14:49 | 0:10 | 3:40 | |
| 4 | Russell Johnson | 30 | 22:17 | 44 | 6:40 | 0:39 | 14:58 | 0:19 | 4:27 | |
| 5 | Marcus Boxall | 49 | 17:40 | 17 | 2:35 | 0:03 | 15:02 | 0:23 | 3:32 | |
| 6 | Natalie Densley | 338 | 20:52 | 35 | 5:15 | 0:33 | 15:04 | 0:25 | 4:10 | |
| 7 | Les Williams | 93 | 20:35 | 27 | 4:05 | 1:21 | 15:09 | 0:30 | 4:07 | |
| 8 | Shane Thiele | 291 | 17:16 | 8 | 1:15 | 0:30 | 15:31 | 0:42 | 3:27 | |
| 9 | Mark Andrews | 144 | 18:40 | 15 | 2:15 | 0:57 | 15:28 | 0:49 | 3:44 | |
| 10 | Julian Harris 01 | 132 | 19:11 | 21 | 3:10 | 0:24 | 15:37 | 0:58 | 3:50 | |
| 11 | Martine Beer | 83 | 20:21 | 31 | 4:40 | 0:00 | 15:41 | 1:02 | 4:04 | |
| 12 | Irene James | 60 | 25:06 | 61 | 9:10 | 0:00 | 15:56 | 1:17 | 5:01 | |
| 13 | Sean Quilty | 26 | 18:37 | 15 | 2:15 | 0:00 | 16:22 | 1:43 | 3:43 | |
| 14 | Greg Foran | 171 | 21:21 | 22 | 3:20 | 1:30 | 16:31 | 1:52 | 4:16 | |
| 15 | Matthew Sullivan | 145 | 18:40 | 11 | 1:40 | 0:21 | 16:39 | 2:00 | 3:44 | |
| 16 | Fraser Murray | 191 | 22:23 | 31 | 4:40 | 0:21 | 17:22 | 2:43 | 4:29 | |
| 17 | Sean Beer | 137 | 22:43 | 35 | 5:15 | 0:00 | 17:28 | 2:49 | 4:33 | |
| 18 | Mark O'Brien | 33 | 26:02 | 48 | 7:15 | 0:30 | 18:17 | 3:38 | 5:12 | |
| 19 | Wayne James | 119 | 22:50 | 32 | 4:50 | 0:00 | 18:00 | 3:21 | 4:34 | |
| 20 | Heather Sullivan | 41 | 31:40 | 52 | 7:50 | 0:21 | 23:29 | 8:50 | 6:20 | |
| 21 | Claire Thiele | 86 | 34:09 | 50 | 7:30 | 0:30 | 26:09 | 11:30 | 6:50 | |